

BAR HILL NEWS

July 2012 Issue 498

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14th July
2012

The Church
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Village Hall

12 pm
onwards

**Volunteers needed for various activities - please
contact us via the website
www.barhillvillagefete.org or turn up at the
Help Station on the day, anytime from 10 am**

Copy date for the next issue is 15th July to Margaret
Sellars at bhneditor@yahoo.com, or see page 2 for other
contact details.

BAR HILL RESIDENTS' ASSOCIATION

12/13 Committee

Chairman	Roger Hall	780304	11 Almond Grove
Secretary	Anil Pallan	01223 655620	72 The Spinney
Treasurer	Martin Avery	781233	34 Acorn Avenue
Website	Simon Munford email: simon.munford@gmail.com		

Also: Paul Goodfield (200228 15 Little Meadow), Jo Hall (11 Almond Grove 780304).

Bar Hill News

Editor	Margaret Sellars C/o Parish Council Office		
Advertising Co-Ordinator	Bunty Waters	201421	77 Foxhollow
Distribution Co-ordinator	Martin Avery	781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between the Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication and not necessarily those of the Association. **Anonymous letters will NOT be published, but names and addresses may be withheld.** However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Co-ordinator (see above – email to bunty.waters@ntlworld.com)

¼ page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion.

Maxi ads (£8.50 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion.

Sizes: Maxi 6 x 4.5 cm-9 x 6 cm. Mini 6 x 2 cm- 6 x 4 cm.

The ¼ page ads are for local businesses and we guarantee publication. This often results in a waiting list and, to help overcome this problem, we provide maxi and mini ads. These appear throughout the publication and we cannot guarantee their inclusion due to restrictions of space.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month.

All telephone numbers without an area code are Crafts Hill (01954).

All items can be submitted electronically on disc or to bneditor@yahoo.com, or hard copy via Parish Council Office.

The Maple Surgery

Tel 01954 780442

Surgery hours:

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Wednesday and Friday 2-5 pm

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Health visitors are now based at Longstanton Branch Surgery, Magdalene Close, Longstanton (Tel 01954 781855)

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USEFUL TELEPHONE NUMBERS

● Church Office 206120 ● Conservative Party (Iris Lay) 205265 ● Happy Hours (Helen Collins) 782203 ● Liberal Democrat Party (Andy Pellew) 07814 871752 (focusonbarhill.blogspot.com) ● Library (renewals and enquiries) 0345 045 5225 ● Parish Council (Leigh Baffa) 780456 ● Police non emergency 101 ● Post Office 789285 (Harry) Pre-School 782892 ● Samaritans 01223 364455 ● School 273305 ● Social Club 781881 ● Swavesey Village College 230366

Dear Editor

As a responsible dog owner myself, I can sympathise with Jill Smith's sentiment of frustration over a minority of dog owners continued refusal to pick up their animals' mess. That being said, I find the veiled insult to those who choose to socialise while walking their dogs deeply unfair, and the insinuation that it is these owners that behave irresponsibly completely without merit or foundation.

Our communal areas play a vital role in village social life and our sense of community. Many of the dog owners who stop to chat with one another are elderly, and their dogs small breeds that require comparatively little exercise. They tend to remain in close proximity to the groups and, indeed, are more often than not the centre of attention. Maybe if Ms Smith felt inclined to stop and say hi some time, she would have a more informed opinion on the situation.

Also, while dog mess is undoubtedly an unpleasant element of the village terrain, since worming has become habitual practice in dog care, it really isn't a significant danger to children, as is so often stated as fact, and certainly not as serious as the continued proliferation of broken bottles and glass, smashed intentionally by underage drinkers using these areas for their anti-social activities.

By all means hold dog owners to a high standard, but let's do the same for the youth of the village, and speak out when we see broken glass around the areas young children play because, given the choice between the need for a bath and the need for stitches, I am sure every parent would consider the former preferable.

David Lloyd
Pheasant Rise

Dear Editor and residents of Bar Hill

Over the recent months I have been re-writing the Residents' Association Website. Hopefully it is now a more useful and welcoming portal to the events, groups, businesses and general information about Bar Hill. The website is now ready to be released in its first version and I would like to invite residents to take a look and, if desired, contribute to our community. If you have any suggestions on how it can be improved please do not hesitate to contact me. The website address is: <http://www.barhill.org.uk>

Thanks
Simon

SOUTH CAMBS DISTRICT COUNCIL - AWARDS

Martin and Chris Avery, Bar Hill, were surprised and delighted to be presented with the award for Community Theatre on behalf of RADSOC - in recognition of RADSOC success in the 2011 All England Theatre Festival with The Door, the support for other local groups, and success in fund raising.

(Cllr Roger Hall, 01954 780304
cllr.hall@scambs.gov.uk Cllr Bunty Waters 01954 201421 cllr.waters@scambs.gov.uk)

THANK YOU AND GOODBYE

I would like to say a big thank you to all my friends in Bar Hill, both human and canine, for helping me through my socialisation as a Hearing Dog puppy.

I have now passed all my assessments and will be moving on to do my sound training in Yorkshire. If I do well there I will be partnered with a deaf person as a working Hearing Dog in about six months' time.

When I came to the village last July I was 8 weeks old and my socialisers had only lived here for 4 weeks. We have met so many people who have made us welcome and we feel very much part of village life now.

Thank you to everyone who took time to talk and admire me and showed an interest in my training and the charity I represent. A particular thank you must go to the lovely group of people and their dogs who meet up daily on the playing field who have played such a big part in my socialisation. Learning to behave properly with other dogs and people of all ages is vital for my future role and I will miss my morning playtimes.

I am sad to be leaving but I am excited about the next stage of my training and meeting my new deaf owner. I'm told that Hearing Dogs can change lives and I will try my best to do that.

My socialisers will miss me but they will soon have a new puppy and I'm sure that you will be just as friendly to her. Goodbye and thank you to you all

 Berry



FRIENDS OF BAR HILL LIBRARY

*Wimpole Hall: Past,
Present and Future*

Talk by Philip Whaites, head gardener at
Wimpole Hall

in the Library at 2 pm on 19 July

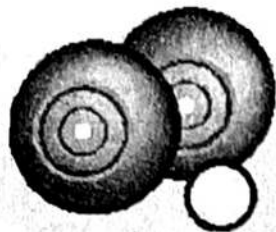
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PARISH PLAN

The Parish Council is looking for people to join a group to produce a parish plan. This is something which the Parish Council is being asked by South Cambs District Council to produce. It will enable residents to influence what happens in Bar Hill and how it can develop for the future. THIS IS NOT ABOUT MONEY - it is about ideas. How would you like to see the village develop? What extra amenities would you like to see? What would you especially like to keep - this could be buildings, trees, facilities.

I will lead this group but I do need the input from residents. Are you a person bursting with ideas but no outlet for them? Come and join me. We can meet in the Parish Council Office at a mutually convenient time. Please contact me if you are interested.

Bunty Waters 07734690580,
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This was the official press release that went out to all the press. http://www.cambs24.co.uk/sport/inspirational_fundraiser_in_olympic_torch_relay_1_1211531

I would also like to add that we are all so proud of the success of our students' and trustees' achievements. Andrew Easter two months ago and now Steven Storey this month to name but two. It shows that the commitment that these people put in to achieve today and for the future has been worthwhile for them as they are rewarded for these efforts and now become an inspiration to other students. This is also testament to all of our supporters and customer here in the village and beyond.

Thank you for your support - without you using the services of Andy's Kars this work could not be done as the profits made go back into Andy's Ark to help people just like these. We have seen a reasonable success rate, as from over 200 people we have worked with over the past ten years 92 of them are now in fulltime work or education. These are people that otherwise would not have got the chance to shine and show that just because we do things differently it does not mean that we can't do the work as well and to as higher standard as able bodied people. Some say we work to higher standards because we have to prove ourselves all the time. You have assisted these people and should also take credit for your contribution to the community.

To clarify, Andy's ARK is the charity that provides the placements and then the on-going support for the students and Andy's Kars Ltd is where the training is delivered and the funds are raised from profits for this work to continue. If there is anyone that has some time and would like to support the work we do by becoming a Trustee or just part of the advisory team for Andy's ARK please do contact us on 01954 782666. These are very exciting times for us so we need people with many different skill sets that can offer some support.

Unfortunately, Steven can't be at the Fête but his torch will be, so if anyone would like to come down and have their photos taken with it they will be welcome.

Kindest regards

Andy Kent

Andy Kent FIMI FRSA

Managing Director

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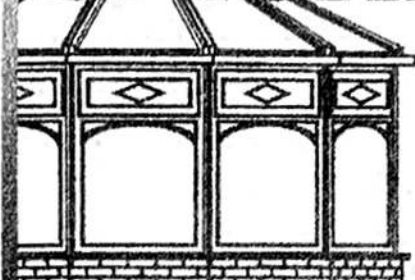
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We've finally managed to play some cricket amid the rain, and all three adult teams have already tasted success this season.

The first team were the first in action, starting their campaign with a 42-run win at Milton. Captain **Craig Driver** led the way with 47 in Bar Hill's total of 127, before **Sam Wilson** took 4 for 16 as Milton were dismissed for 85.

Wilbrahams II were bowled out for 59 in the next match, with three wickets for Scott Stanford, and Bar Hill reached 61 for 1 to chalk up another win.

Craig made 25 not out in that match, and was again in good form with 47 against Fen Ditton. **Phil Pelling** added 42 in Bar Hill's total of 178 for 9, but Fen Ditton managed 181 for 7 to win by three wickets.

The second team lost their first match against Willingham II by 74 runs, despite four wickets for **Phil Orvis** in the hosts' total of 177 for 6. But **Chris Howse's** 22 was as good as it got in Bar Hill's reply of 103.

But Bar Hill bounced back to beat Waterbeach II emphatically. **Paul Stimpson** scored 46 and **Pete Howard** 32 in Bar Hill's 147 for 8, and Waterbeach were then bowled out for only 55, with Phil Orvis taking 4 for 5 and **Barry Driver** 3 for 9.

There is no doubting the star of the midweek league so far, with **Scott Stanford** blasting runs all over the ground.

He scored 75 as Bar Hill (163 for 4) won by 27 runs at Girton (136 for 7) and then smashed a century off only 51 balls in a victory over Comberton.

He also took 4 for 14 against Swaffhams, although that spell, and 33 runs for **Aaron Jolley**, could not prevent a 15-run defeat.

The midweek team also went out of the cup against a youthful Over side who posted 137 for 6 and then restricted Bar Hill to 95 for 6.

At the time of writing, the under-12's had managed to play only one match – the first in their short history – away to Coton. Their opponents have been together longer as a team, and their extra experience counted as they completed victory, but there were encouraging performances from all the Bar Hill youngsters, considering they also had only eight players on the night. **Olly Begley** took three wickets and **James Bacon** took two, and was also top run-scorer on the day.

The **Fred Styles Memorial Match** was another victim of the weather. It has now been rescheduled for Sunday July 29, so please come along and support the event on the new date.

The sharp-eyed among you may have noticed that the changing rooms in the village hall have been named in Fred's honour, and his family were there to unveil the engraved window, watched by members of both the cricket and football clubs, at a recent ceremony.

Tuesday night training sessions continue for the under-12's throughout July and possibly beyond,

depending on demand. Adults who want a bit of extra practice are also welcome. The sessions run from 6.30 to 8 pm on the village green.

New members of any age are welcome – please contact me on the number below for more information, or visit our website at www.barhillcricket.org.uk. We also have a noticeboard in the social club, on which details of our activities can be found.

Finally, we will be running the barbecue at the village fête, and look forward to seeing you there.

Forthcoming fixtures:

Tue July 3 – Coton (H, under-12)
Wed July 4 – Medimmune (A, midweek league)
Thu July 5 – Sepura (A, midweek league)
Sat July 7 – Waterbeach (H, first XI league)
Sat July 7 – Waterbeach II (A, second XI league)
Fri July 13 – Cambourne (A, under-12)
Sat July 14 – Fen Ditton (A, first XI league)
Sat July 14 – Madingley II (A, second XI league)
Thu July 19 – Over (H, under-12)
Sat Jul 21 – Little Shelford (A, first XI league)
Sat Jul 21 – Chatteris III (A, second XI league)
Sun Jul 22 – Perkins (H, friendly)
Sun Jul 29 – Fred Styles Memorial Match (H)

Paul Stimpson 201212

Christian Aid Week 2012

In Christian Aid Week 52 volunteers from Bar Hill Church delivered envelopes at every house in the village and called later to collect them. Altogether £2,873 was collected. This is £123 less than last year, which may seem disappointing, but at a time of financial problems for many, it is a very good result.

A significant number of people gave amounts from £10 upwards, reflecting their awareness of the great hardship that is endured by many in less developed countries than our own. A substantial number choose not to contribute. Many give 50p or less – those amounts may be small, but everything given goes towards the total and is gratefully received. Gift Aid will add £329, so overall we raised well over £3,000. Particular thanks to taxpayers who filled in Gift Aid forms and to those who were out when their collector called but made the effort to return their envelope.

Through the response of residents and the determined efforts of collectors (some of whom go round their allocated houses several times) an encouraging result was achieved once again. Thank you to everyone who took part, whether by donating, collecting, helping to count or assisting with banking.

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BAR HILL COLTS FC

Our presentation on Saturday 19 May was a great evening and enjoyed by all – particularly those Chelsea fans

Each team made their own awards as follows

Under 8 - ROCKETS

Parents player – Sebastian Collins

Managers player – Isabel Bryant

Most Improved – Dylan Samujh

Players Player – Seth O'Neill



Under 9 - FOXES

Parents player – Miles Harvey

Managers player – Theo Collins

Most Improved – Freya Goddard

Players Player – Joe Playle

Under 10 - BULLETTTS

Parents player – Daniel Cundy

Managers player – Richard Du

Players Player – Thomas Tyrrell



Under 11 - RAVENS

Parents player – Liam Rabel

Manager player – Jeevan Papamihail

Most Improved – David Wallace

Players Player – James Debono

The Ravens have had a hugely successful season winning 19 and a draw from their 22 league games, scoring a staggering 103 goals and were awarded TEAM OF THE YEAR by the adults club

Under 13 - BOMBERS

Parents player – Callum Bacon and Jordan Ellwood

Manager player – Matthew Wilson

Most Improved – Sean Harrower

Best Attitude – Ben Fairbrass

Players Player – Elliot Davies



Under 13 - ALL STARS

Parents player – Teegan Hayden-Smith

Most Improved – Ellie Bryden

Players Player – Georgia Cundy

UNDER 14

Parents player – Matthew Daines

Manager player – Jacob Compton

Assistant managers player – Charlie Cousins

Players Player – Taylor Sparkes



Under 16 - SPITFIRES

Parents player – Nicole Brown

Manager player – Katie Page

Most Improved – Paige Dixon

Players Player – Issy Bennett



Sadly this will be the final season of the girls and hopefully many will continue to play in Womens football. Each girl was given a special momento by Linda Ogilvie who has been manager of these girls for the past 6 years.



Under 16 - RANGERS

Parents player – Luke Thomas

Manager player – Tom Clarke

Most Improved – Luke Barber

Sportsman – Daniel Virgo and Tom Lewin

Players Player – Ben Loraine

Again, sadly this will also be the final season of the boys and hopefully many will continue to play in Mens football. Our thanks to Tony Virgo who has been manager of these boys for the past 6 seasons

The Rangers finished their Colts experience with 2 excellent draws in the same week against top of the table teams Chatteris and Papworth

A certificate of thanks was awarded by Julian Finbow to each of our referees –

Ben Loraine, Daniel Virgo, Tom Page, Katie Page and Hayley Stevens.

Other Club awards were presented by our Chairman, Jairo Marin to

Young Clubman of the Year – Ben Loraine

Clubman of the Year – Paul Neal

Manager of the Year – as voted by his fellow managers – Kevin Sargent

UPCOMING TALENT...

It was fantastic to see our new Under 6/7's team (LIONS) that have been training together and playing some friendlies since the new year attending our presentation.

Also our youngest girls team (Under 9/10) enjoyed sharing the evening, each of them receiving a trophy in recognition of their efforts in training since the new year.

The Club would like to thank everyone who contributed to the evening being a success particularly to Kevin of Bite Size Catering for preparing the food.

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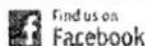
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Our events this summer

Wimpole Hall: Our visiting speaker for this summer is Philip Whaites, the head gardener at Wimpole Hall. The title of his talk in the Library on **19 July** is *Wimpole Hall: Past, Present and Future*.

Don't miss this chance to find out about what goes on behind the scenes at one of our local National Trust properties. He will be with us in the afternoon, at 2 pm. Please get your ticket in advance if you can; they are available from the Library: £2.50 for Friends and £5 for others. It pays to be a Friend!

Coffee mornings: The next two coffee mornings will be on 5 July and 2 August in the Library, starting at 10 am as usual. We shall continue throughout the summer on the first Thursday of the month.



Village Fête: The Friends will be running a second-hand bookstall at the Village Fête on 14 July. We encourage you to let the Library staff have your unwanted books, especially modern novels – or bring them along to our stall on the day.

Cambridge Re-Use formerly Cambridge Sofa collects furniture and working electrical goods donated by the general public and sells them on solely to people on low income. We are a volunteer led charity with over 35 volunteers giving their time each week. By donating to us you are helping low income households to furnish their homes. To donate items you can call 0 1 2 2 3 5 7 6 5 3 5 or email donate@cambridgereuse.org.uk. If you are on a low income earning under £16,000 for an individual or under £21,000 for a couple you are eligible to shop with us. We offer customers a wide choice and variety of low cost furniture, electrical goods and household items. We are located at Unit H, The Paddocks, 347 Cherry Hinton Road, Cambridge, CB1 8DH.

FOR SALE

HOBBS - DRESS SIZE 14 - COLOUR CERISE PINK, CAP SLEEVES AND A SQUARE NECKLINE, WHICH IS INCREDIBLY FLATTERING. BOW BELT THAT CAN BE REMOVED. WILL ALSO SELL SHOES, SIZE 5/ CLUTCH BAG(FOC), FABRIC WOOL SILK.

ONLY WORN ONCE AND IT HAS BEEN DRY CLEANED. ORIGINAL PRICE £159.00. WILL SELL FOR £45.00 THE LOT. IDEAL FOR WEDDING/DAY AT THE RACES. CONTACT (01954) 200238 FOR DETAILS

Bar Hill Sports and Social Club



The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large TV screens in HD, play pool, darts, skittles and cribbage or enjoy a drink in our quiet lounge bar. We also have an Xbox available.

What's on in July?

Membership Draw	7th July
Membership Draw	21st July
Membership Draw	4th August

Looking Ahead...

Nicole Lawrence, X Factor Finalist	31 August
(Note change of date)	
Dean Alexander, Singer	15th September

Visit our website, www.bhssc.org.uk or Facebook (BarhillSports Socialclub) for details of future entertainment and events.

Change of Date....

Nicole Lawrence, X Factor finalist 2009 will now be singing at the club on Friday 31st of August. Remember to change the date in your diary. Don't miss out on this great Artist!

Not a Member?

New members are always welcome, join now for £10. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

The club also has a junior membership for 16 and 17 years olds for a one off payment of £5. This is valid until full membership can be obtained at 18.

Andrew Wilkin

01954 781881 (BHSSC)





A confidential number to report drink drivers and those driving under the influence of drugs has been launched to coincide with the force's summer campaign.

Using the 0800 032 0845 number, which is available 24/7, people can get involved in the campaign by supplying police with information about drink and drug drivers.

We know there are people out there who still feel it is acceptable to drive under the influence and there are also people who know who these offenders are. They may not feel comfortable reporting drink and drug drivers so the confidential line is available to allow people to do this without having to leave their details. We will act on the information either immediately or through targeted action. When calling the number people will be asked to provide as much information as possible about the driver, including:

- * Name of the driver
- * Make, colour and index number of the vehicle

Thanks in advance for any help you can give us in tackling drink and drug driving.

To contact your local police for other crimes please use the 101 number



Message from local PCSO:

I would advise all residents to be aware of two foreign males pretending to be lost, and flagging people down

asking them for direction, after they engage in conversation they would offer them a free wrist watch or a cheap £1 ring. If people take the item(s) offered by these males, then males would ask for fuel money. If people have no cash on them, they would ask to use their credit or debit card. We have had numerous incident reports regarding these two males from all over the place, and recently have been a few reports of these males operating in Bar Hill, Girton and Dry Drayton. If you are approached by these males, do not give them the time of the day, do not take anything offered from them, and report them immediately.

Scam phone calls: you may receive phone calls from people you don't know, asking if you have problems with your computer etc, and will try to sell you computer parts, and will ask you for your credit card details to pay. I will advise all residents that they simply hung up on these people and do not provide them with any of your details.

There are also letters posted to your address stating you are entitled to a specified amount of money, but in

order for you to claim this money you must pay a specified amount upfront. Yet again my advice to you will be, not to make any contact with these people, and bin the letter.

Crime/incident reports:

On Tuesday, 5th June at 02:30 there was a report of theft in Watermead, Bar Hill. Two men were seen to pick up plant pots from a front garden of a property in the area. The house occupant heard noises of men in his front garden; he got up and saw them taking his plants. He immediately shouted out after them, they put the pots down and then ran away. Pots were recovered undamaged.

On Friday, 8th June at 18:00 and Saturday, 9th June at 09:00 there was a crime report of criminal damage to a vehicle parked in Tesco Car park, Bar Hill outside the Haart and Fish and Chicken take away shop. Unknown offender(s) have caused criminal damage to a vehicle parked at the location by smashing both the wing mirrors and the offside front window. If you were in the area at the time when this happened, please get in touch.

On Tuesday 22nd May, between 22:30 and 23:00, there has been a report of burglary in a building at Kuick Fit Tyres, Viking Way Bar Hill. Between times and date stated unknown offenders have cut off padlock to outer metal door, and jimmied open inner wooden/glass door. Inside the building an empty key safe containing £30 has been taken and a search of reception area and garage was made. Nothing else appears to be missing at this time.

On Wednesday, 16th May, there was one incident report drug related in The Fox Pub, Bar Hill. One male was searched by the police and cannabis was found on him. Male was banned from the Pub, and was issued with a formal cannabis warning.

If you wish to report any other crime, suspicious behaviour or activity please ring our non-emergency number, 101. If you believe that a crime is in progress please ring 999. I also welcome anyone to contact me directly by emailing

bujar.mani@cambs.pnn.police.uk if you wish to let me know of any issues you may be experiencing.

Kind regards

PCSO Bujar *MANJ*

Histon Safer Neighbourhood Team



Jan Hewins

The Church Art Group will hold an exhibition of paintings in the church during the fête afternoon. An opportunity to see their work and to buy originals at very low prices.

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NEIGHBOURHOOD WATCH Warning!

Please come and see us at the Fête but also be aware there will be a lot of visitors around the village that day. Some may come intending to take advantage of residents being at the Fête SO



- ensure your house is securely locked up but also appears lived in eg radio/tv on plus lights on after dark.

- be alert for suspicious activity in residential areas and report concerns (dial 101).

Don't let someone else spoil a fun day!

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Football Project

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The officers of the Management Committee are:

Chairperson Alan Hewings
Secretary Paul Thorby
Treasurer Jairo Marin



The Friends of the Rosie Hospital, with your help, are making the Rosie a more comfortable environment for mothers and babies.



During 2012 we are selling raffle tickets at £1 each for an exquisite hand-embroidered double bed quilt worth £2,000 to be drawn at our AGM in 2013. You can buy tickets online through our website as well as from our Tea Bar, on the wards and our many stalls (see below).

If you have any spare ribbons or yarn we are in urgent need of your donation.

Follow us on the Rosie in Stitches facebook page.

The Knit and Natter event at The Farmland Museum, Denny Abbey Was brilliant with 9 of us enjoying the atmosphere and nattering while we made some stock and bunting.

The SPARC Activity Afternoon Had a poor turnout because of the weather but we still sold some raffle tickets

The Summer Fete, at Cambridge Nursing Centre, Chesterton, Cambridge Sold lots of raffle tickets as well as bags, jewellery, teapot cosies and toys

Remaining Stall dates for the Summer Summer Fete

Saturday 14th July 1 pm to 4 pm

Bar Hill Village Green only selling raffle tickets for our hand embroidered quilt

We have items for sale in our eBay Charity Store Rosieinstitches2010, also hart4334 and 1234_orridge are also selling items to benefit the Rosie.

There are links to affiliate stores on our website where we will get a donation. While you're looking for bargains online, you'll find some extra savings at www.easyfundraising.org.uk/forh find the eVoucher codes on the Special Offers page. You can raise funds by using the Easyfundraising search site at <http://forh.easysearch.org.uk>

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website.

Thank you for all your support

The Coffee Stop



This takes place every Wednesday at 10 am until 12 noon at the Library. Coffee, tea and biscuits are served, and it is a good opportunity to meet friends old and new and have a chat. Everyone is welcome. We support the "Friends of the Library" in making good use of this valuable resource and keeping it open for everyone. We would love to see you on a Wednesday morning.

Bar Hill Tennis Club

VISIT OUR WEBSITE
www.barhilltennisclub.co.uk FOR
ALL CLUB INFORMATION AND
MEMBERSHIP FORMS



We are now well into our season and we are hoping for some more sunshine!! We invite all current, lapsed and new members to come along and play on the courts. Please encourage your family, neighbours and friends to come down to our club social night to play some tennis. We welcome players of all abilities. Tennis is an excellent way to keep fit and enjoy the summer evenings in a relaxed and friendly environment.

Our formal Adult Club night is Tuesdays but on Thursdays Club members will meet up to play social tennis. Times for both evenings are 7 to 9pm and Club fees this year are unchanged and great value!!

Annual Membership fees:

1st April 2012 to 31 March 2013: These become due on 1st April. We have kept the subs at the same price as last year so you can all enjoy the courts at no extra costs:

Adult - £40.00
Junior - £15.00 under 17 or under 19 if in full time education
Cost of own court key remains unaltered at £10 per year

Family Membership - £80.00 this covers one or two adults living at the same address plus children living with them under 17 or under 19 if in full time education. Guests of members may occasionally use the courts accompanied by members for £3 per person/session.

Contacts:

Kevin Jackson (Chairman) 01954 781150
(visltd@yahoo.co.uk)
John Suchocki (Treasurer) 01954 780 461
(j.suchocki@talktalk.net)
Paul Chubbuck (Secretary) 01954 781 688
(paul.chubbuck@btinternet.com)

BIN COLLECTION DATES

4 July	Green and blue bins
11 July	Black bin
18 July	Green and blue bins
25 July	Black bin
1 August	Green and blue bins



Driving down the cost...

I remember the protests and anger when petrol hit £1 per litre. Now it is more like £1.36 per litre and we just have to accept it.

However, we can make a big difference on how much fuel we use which, like many of the 'Tread Lightly' suggestions, saves money, whilst helping to save the planet.

A more efficient driving style could save you £250 - £350 per year. Below are some tips to being a smarter driver:

- ☺ *Slow down* - You'll get to your destination safer and more relaxed. I have noticed that driving at 60mph rather than 70mph on the motorway has made little difference to journey times, but big savings on the amount of fuel I use
- ☺ *Drive smoothly* - Stop-go driving burns fuel. Watch the cars ahead to avoid sharp acceleration and heavy braking
- ☺ *Check your tyre pressures* - Do this once a fortnight. Driving with softer tyres than recommended could be adding two percent to your fuel bill
- ☺ *Watch the revs* - Change up smoothly and change gear before 2,000 rpm. Drive in the right gear for the speed and road conditions
- ☺ *Reduce weight* - Clear out your car and remove roof racks and "top box" when they're not needed
- ☺ *Have your car serviced regularly* - An inefficient engine can use up to 10% more fuel. Also check your air filter, as a dirty one can have a big effect on fuel economy
- ☺ *Don't idle* - Switch off if you're stationary for more than a minute or two. Restarting the engine uses virtually no fuel until you press the accelerator.
- ☺ *Drive off from cold* - Modern cars don't need to be warmed up. Switch on and go and you won't be wasting fuel.



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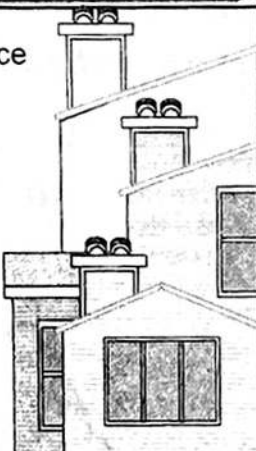


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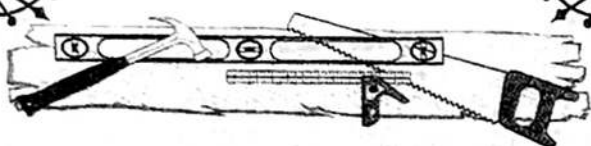
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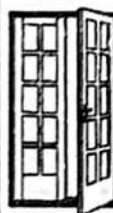
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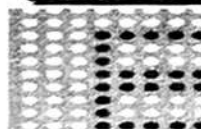
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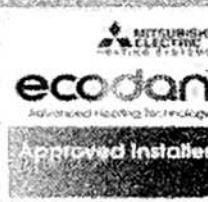
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HAPPY HOURS

Another short month with the Bank Holidays when we don't meet, but we continue with our usual activities.

We also had a Speaker, Mrs Ellis who has a talk called "Sheets and Sausages", her adaptation of Bed and Breakfast. An interesting talk on how they got started and some of the funny things that have happened to them with visitors including the blocked toilet that kept them up all night!

We finished the month with our Jubilee celebration, the Committee worked hard at decorating the hall, I even found a 1952 Newspaper. We had Fish & Chips with wine or juice, followed by fruit pie and cream and musical entertainment by Tony Jacks including a competition which thanks to Anne the Committee table managed to win. We finished with tea and a lovely cake beautifully decorated, which was donated by Barkers to whom we extend our grateful thanks.

Helen Collins
782203

DOG SHOW AT THE FÊTE!

St Ives Dog Training Club's Fun Dog Display Team will perform a short obedience display followed by a fun dog show. The judge will be a member of staff from Cromwell Vets, Huntingdon. Just bring your dog along on the day; classes will be Handsomest Dog, Prettiest Bitch, Best Puppy (under 12 months), Best Veteran (over 7 years), Dog and Owner most alike, Oscar Winner (dog most like a film star - you choose Lassie, Uggie, Tintin's Snowy or any film star dog). Entries £1 per class or 50p for child handler. Proceeds will go to Hounds For Heroes, a charity providing assistance dogs to anyone injured in the line of duty. You can enter as many classes as you want.

We are having a Storytime at Bar Hill Library which will be done by Sharon Stevens from the Children's Centre so it should be really good.

It will be on Tuesday 3rd July at 3.30 pm in the library. No tickets are required but parents/carers must stay with the children.

Thanks very much

Wendy Law
Assistant Library Manager



The Allotment Society

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Plot allocator is Steve Thomas so if you would like to go on the waiting list for a plot please contact Steve on 781602

All other allotment matters should be addressed to bhallotment@hotmail.com

Little Acorns Pre-School



Little Acorns is a privately owned pre-school. We provide a wide range of activities to promote children's early learning and development. We are currently open Monday to Friday during term time from 9am - 3 pm.

Children may come for a minimum of 2 ½ hours during this period up to the maximum of 6 hours per day, which would include staying for lunch.

Children are able to start pre-school as soon as they are 2 years old.

Nursery Education Funding (15 hours free per week) is available in the term after the child's 3rd birthday.

We are now registered to offer places to children on the 'free twos' scheme. If you are on income support you may be eligible for 10 hours per week of free care for your 2 year old. Please ask us for more information about referral or visit the children's centre who will also be able to advise you about this.

All our staff hold early years' qualifications and are trained in first aid and child protection.

For more information or to register your child please see our new website at www.littleacornspreschoolbarhill.co.uk or e-mail us at littleacorns.barhill@ntlworld.com

Or during session time please phone us on 07851803083 (and ask for Sally or Gail)

We are situated just off the green next door to the primary school; please feel free to pop in for a visit. Alternatively we hold termly open mornings for all our new starters when you and your child may visit together.

Our rooms are currently available to hire for children's parties and other events at very competitive rates (you don't have to attend pre-school to use this service) - again please ring or e-mail for more information.

We look forward to meeting you and your child soon.

Little Acorns Pre-School The Sparc Building

Gladeside Bar Hill

Cambridge CB238DY

Tel: 07851803083

Email - littleacorns.barhill@ntlworld.com

"Public Access": Could a family law barrister help you?

Katharine Ferguson is a specialist family law barrister in the Family Group at Fenners Chambers in Cambridge. For further information: telephone 01223 36876, email publicaccess@fennerschambers.com or visit www.fennerschambers.com and click on "Public Access".



BAR HILL CHILDMINDERS

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and First Aid Trained. Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more.

If you would like to find out more you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all, (details below)

Childminders with Current Vacancies

Carol 780238
Kirsty 07584 168909
Melanie 204496
Janine 07879 613731
Terri 780458
Karen 07930 196319
Jacky 780249
Kirsten G 200228
Kirsten C 202228

'Little Bunnies'

Toddler Group

for Babies and Pre-school Children and their Parents/
Carers

We meet every Thursday 9.45 - 11.15 in the Octagon (term time only) £2.50 per family/carer - (or £1 per adult with only one child under one year old)- includes soft drinks and healthy snacks for the children hot drinks for the adults We have a large range of indoor and outdoor toys. For more details call Melanie 204496.



Under 1's

Come along to our under 1's group for chat, meet other parents and refreshments.

Every Tuesdays Term time only

In the Octagon building at
9.30 - 11.30 am Charge is: £1

If you would like to know more, please contact Norma on 01954 201508.

If you would like to come and feel that you would like to meet with Norma before hand, please call as above.

***** For Under 1's and up to walking age only.*****

Maple Surgery News

www.maplesurgery.co.uk

Telephone 01954 780442



Computer System Change

By the time you read this our new computer system will have been up and running for a couple of weeks and hopefully the changeover and disruption to service has not caused you too much inconvenience. We do thank you for your patience and understanding.

We ask that you bear with us while we familiarise ourselves with the new system and please be patient with our receptionists as they get used to it.

Mobile Phone Numbers

Part of our improved service will be that with your consent we will be able to text you appointment reminders. To maximise this service it is important that we have your correct mobile phone numbers, therefore please call us to update your current **mobile phone number(s)**.

Emergency NHS Services

Remember when we are closed cover is provided by our local Out of Hours Service (UCC) telephone **0330 123 9131** or call the surgery number and you will be put through to them automatically when we are closed.

They will offer you telephone advice and an appointment to see a doctor at Chesterton Medical Centre or a home visit if appropriate. This locally organised service is used by all Cambridgeshire GP surgeries and is the correct and best way to access medical care outside surgery hours. There is ample free parking and the service is manned by local GP's.

NHS direct on 0845 4647 is also useful if you just want some telephone advice.

Can we please ask that unless you have a life threatening condition or you think you may need an X Ray that you do not attend the A & E Departments of our local hospitals. Our emergency services are overstretched and undoubtedly there will be a long wait to see a doctor. Inappropriate use of A & E adversely affects dealing with genuine emergency cases.

Bar Hill Fête

We look forward to seeing some of you at the Fête along with members from our Patient Participation Group. Come and say hello to some of the staff and try your luck at our competitions.

Regards from Maple Surgery Team

House Swap

1-2 bed Bar Hill for 2 bed large modern flat in Orchard Park to complete a 3 way swap. Flat has 2 large double bedrooms, 24ft lounge, balcony, separate kitchen, lift and parking. Nice quiet area. Landlord is King Street Housing.

Please contact Sarah for information 07813 381392

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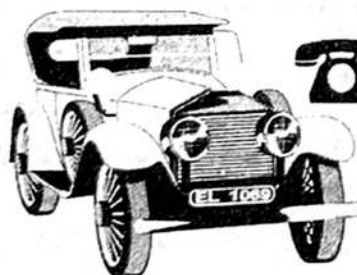
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and so is their treatment



If you would like us to help you work out the cause of your pain then please call or email.

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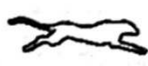
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9.00 - 11.00 am Saturdays, 10.00 - 11.00 am Sundays

Dragan Tomovic
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Bar Hill Parish Council
Parish Council Offices
(Near the Health Centre and Octagon)
Tel: 780456
Email: bhillpc-1@btconnect.com

Parish Council Web Site – www.barhillpc.org.uk

This will keep you up to date on current affairs in the village including meeting minutes and agenda.

Village Notice Board

This is very popular with residents who stop and look at the notices as they come into the shopping area. May I remind residents/organisations that notices should not be placed on fences/street lights etc. Please send your notice to me for inclusion on the notice board.

Grass Cutting

I am aware that there have been problems with the grass cutting of late and I have received many complaints from residents. We had an Environment Meeting last week and this was discussed at length and the current problems are being addressed. The grass cutting contract is up for renewal at the end of this season and we will be going out to tender with other companies.

Brambles and weeds

In my walks around the village, I have noticed that there are a lot of weeds and brambles growing up on the other side of resident's fences, which has started to encroach on to public footpaths. May I please ask that residents take a look on the outside of their fences and cut back if necessary. This will save the Parish Council a great deal of time and money.

Parish Council Meetings

The next monthly Parish Council meeting will be on Thursday 19 July at 7 pm in the Parish Council Office and all members of the public and press are welcome to attend and there is an Open Forum at the start of the meeting for residents to put their views across.

HANDY TELEPHONE NUMBERS

Streetlights: NEW 0800 7838247 (on sticker on light)
South Cambridgeshire District Council: (03450 450500) County Council (damaged paths and roads): (01223) 717111 Tesco—Stray trolleys 0800 50 55 55
TEXT store2065 EMAIL 9054@tescocomments.com In each case give village and location of trolley

Leigh Baffa

Parish Clerk

Tel: 01954 780456

Email: bhillpc-1@btconnect.com

For those organisations which plan events in the village there will be a diary in my office for you to enter your event or to see what else is going on in the village.

RESIDENTS' ASSOCIATION

Interested residents are always welcome at our meetings which are usually held on the first Tuesday of the month at 8 pm in the Parish Council Office. The next meeting is on 3 July.



VILLAGE HALL

To book or contact us at the village hall, please telephone 01954 782414 and leave a message (speak slowly and clearly please) and we will call you back within 24 hours Monday-Friday, OR e-mail us on barhill.villagehall@btconnect.com. We look forward to hearing from you.

During the week we have all the following groups and clubs.

Mon	Helene Jones Dance	3.30-8.15 pm
Helene's class is run in school term times only		
Tues	Zumba	10 - 11 am
Tues	Shotokan Karate	5.45-8.00 pm
Tues	Danielle (Boot Camp)	8-9.00 pm
Wed	Helen Jones (Dance)	4-6.45 pm
Wed	Zumba	7-8 pm
Wed	Pilates	8-9 pm
Thurs	Zumba	9.30 - 10.30 am
Thurs	Pilates	10.30-11.30 am
Thurs	Weightwatchers	6.30 7.30 pm
Fri	Martial Arts	6.30-8.30 pm
Sat	Sweat and Tone	8 - 9 am
Sat	Zumba	9 - 10 am
Sun	Bingo (doors open 7.15)	7.45-9.30 pm

Cash prices - No Bingo on Bank Holiday Sundays

(Please contact the office for details)

Carol Griffin



Bar Hill Parent and Toddler Group

Wednesday and Friday 9:45 to 11:15 am

Octagon Centre, next to Bar Hill Church

For families and carers with children aged 0-4 years. There is a variety of toys and activities for toddlers and pre-schoolers.

A baby area with mats and age appropriate toys.

Drinks and snacks are provided.

Prices:

Under 1's – £1 (or FREE when paying for a sibling over 1)

Over 1's – £2

Maximum charge per family / childminder – £3

Visit our facebook page for details of upcoming events.

Or email: bhparentandtoddler@gmail.com

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NATION WOMEN'S REGISTER

Ladies – Give yourselves a break.
Enjoy discussions and make new friends!

NWR is a national organisation promoting friendship and self-confidence for lively minded women. We share ideas discuss topics, occasionally listen to speakers and enjoy social events.

5th July The Olympics – An event filled evening!

Venue:- Marie-The's

19th July Speaker – Arthur Brookes will talk to us about the American Cemetery at Madingley

Venue:- Karen's

2nd August Walk to Dry Drayton for some liquid refreshment Venue:- The Black Horse

The Bar Hill NWR group meets informally on alternate Thursday evenings and we pay just £1 per meeting to cover costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Jenny O'Dell on 201269 or Jackie Ellis on 780523. NWR can also be found on www.nwr.org.uk. Why not have a look!

The Maple Surgery Patient Participation Group recently organised a highly successful health awareness evening on the theme of memory loss and dementia. More than 80 people gathered in the church hall to hear three expert speakers. Dr Sue Green, a specialist in old age psychiatry, began by giving a general overview of dementia: who is most likely to suffer from it, what are the symptoms, what are the different types of dementia, and how can they be treated? Our second speaker was Ms Grace Clark, from the Cambridge and Ely branch of the Alzheimer's Society. She described the work of the Alzheimer's Society, and explained how it can provide support for Alzheimer's patients, their carers and family and friends. Dr Emma Tiffin, a GP at the Maple Surgery and the Cambridgeshire GP lead for older people's mental health, then told the audience about the role of local surgeries in helping people with memory problems. She explained what a patient could expect at their GP appointment if they come in to discuss memory issues, and described a successful recent trial project in Huntingdon to provide effective primary care services for patients with dementia.

After a lively question and answer session, refreshments were provided, and the audience had the opportunity to visit information stands set up by several organisations which provide support and advice to people with dementia and to their carers: the Alzheimer's Society, Advantage Healthcare, the Carers Trust, Help at Home, Lifecraft and Home Instead Senior Care.

A full account of this event will be available from the PPG's web site (www.maple-ppg.org), and the PPG plans to hold more health awareness events.

David Harper PPG Secretary



SPARC Building, Gladeside
Tel 07921 541549 or 01954 201079
and during club hours 07883 739368

We are situated in our purpose built building next to the School, with direct access from the playground. We provide childcare for children aged 3-14 in a safe, stimulating and caring home from home environment with trained and experienced staff. The children walk directly to us when school finishes, with the reception and infant children being met in the reception classes and then accompanied to our building by our staff. Our Pre-School children are also collected by our staff from their Pre-Schools.

Our children enjoy a wide range of inspiring equipment, games and craft activities, from pool to computer games, dressing up to craft and lots more, or if they prefer they can chill out on our comfy sofas. We also use the safe environment of the school playground for outdoor play. A snack, such as pasta, filled pittas etc followed by a biscuit and fresh fruit is provided. We make birthday cakes to celebrate each child's birthday, which we share.

We are registered with OSTED: this enables parents/guardians who are eligible, to claim up to 70% of their childcare costs. We are also able to accept childcare vouchers eg Fair Care and Busy Bees.

Our opening hours are:

Term Time 3.10 pm – 6 pm Monday to Friday
School Holidays 8.15 – 6 pm Monday to Friday

We are now taking bookings for our Holiday Club, for the June half term and the summer holidays. During the school holidays we also offer full and part time childcare as well as occasional childcare. We also run special craft and come-to-play sessions during the school holidays 10 am–12 noon which have proved very popular, both with children and their parents/carers. It's a chance to get your shopping done or maybe do something for yourself!

Please feel free to contact us if you would like any more information or would like to come along and see what we have to offer.

Patsie Ostler

(email patsieostler@hotmail.com)
(barhilloutofschoolclub@hotmail.com)
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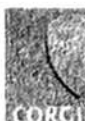
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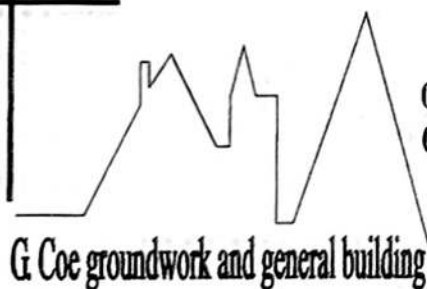
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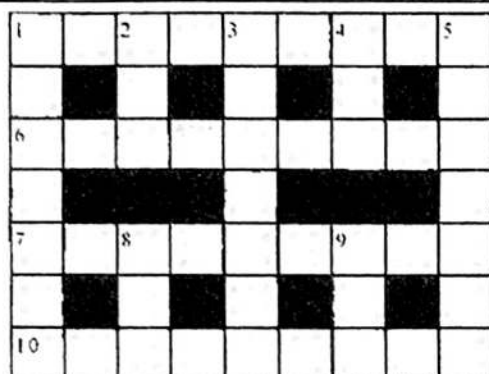
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Solution for June

Across: 1 backslide, 6 Runnymede, 7 imbricate, 10 Longstowe

Down: 1 Bar Hill, 2 can, 3 stymies, 4 ice, 5 exegete, 8 bun, 9 ago



For July - fit these words into the grid

3 letters - AKA QUA GAY GLC

7 letters - AMERIND DEEPEST ZEALOTS

9 LETTERS - ODALISQUE ARCHETYPE
STANDFAST ZIGZAGGED

Bar Hill Ecumenical Church -

Services for July

At present Bar Hill church has no resident minister. The services will continue as normal led by lay members of the congregation and guest ministers. If you need to speak to someone from the church, leave a message with the Church Centre Manager or any member of the Church Council whose email addresses are on the website.

Sun 1 st	10 am	Holy Communion
	6.30 pm	Evening worship
Sun 8 th	8 am	Holy Communion
	10 am	Morning Worship
	3 pm	Family Fun for families with children in yr2 or younger
	6.30 pm	Evening Prayer
Sun 15 th	10 am	Holy Communion and confirmation
	6.30 pm	Workshop service
Wed 18 th	10 am	Mid week Communion
Sun 22 nd	10 am	Morning worship
	6.30 pm	Quiet Communion
Sun 29 th	10 am	Holy Communion
	6.30 pm	Evening Prayer

Our new minister, Charles, will be joining us around the end of September. Read about him on the church website barhill-church.org.uk.

There is a Roman Catholic mass every Saturday at 6 pm
Contacts: Church Centre Manager Tel 206120 (office hours Monday, Wednesday and Friday 9.30 - 10.30)

The Catholic Church of Our Lady and the English Martyrs
Hills Road, Cambridge
(The Catholic Church serving Bar Hill)

Parish Priest: Mgr Peter Leeming Tel: 01223 350787
Deacons: Revd Robert Joyce, Tony Northrop and Tony Sutton
Local contact: Bunty Waters Tel: 201421

Mass at Bar Hill Octagon Saturdays: 6 pm First Mass of Sunday

Masses in the Parish Church in Cambridge

Monday, Wednesday, Thursday, Friday 8 am and 12.15 pm
Tuesday 8 am and 7.30 pm
Saturday 6 pm First Mass of
Sundays
Also 5 pm at The Ark, Cambourne, and 6 pm at Bar Hill Church Centre

Holydays of Obligation 8 am, 10 am,
7.30 pm

Sacrament of Reconciliation

Tuesday 6.45 pm (not after Mass)
Saturday 10.30 - 11.15 am, 4.30 - 5.15 pm, 7 - 7.45 pm

Website barhillchurch.org.uk
Everyone is always welcome to all Bar Hill



Job Vacancy for a Play Worker

We are looking for someone who likes working with children to join our Staff Team. Although training is an advantage, it is not essential as we are able to offer this. Hours are part time - various shifts in term time to cover 3-6 pm and in school holidays 8 am-6 pm, as well as covering staff sickness. In line with the Local Safeguarding Children's Board Guidelines the successful applicant will be subject to an Enhanced Criminal Records Bureau Check (CRB).

If you would like further information, an application form, or an informal chat please call Patsie on 07921 541549 or email on barhilloutofschoolclub@hotmail.com.



Bar Hill Pre-School

OFSTED Registered Full day Care 9-3 Charity No 1030725

Church Centre
Hanover Close
Bar Hill Camb
CB23 8EH
07932482965



Village Hall
The Spinney
Bar Hill Camb
CB23 8SU
01954 782892

We have two settings in the village located at the Village Hall Centre and Church Centre. Both Pre School settings have bright and airy rooms, both gardens are fully secure and enclosed. We provide safe, secure, independent learning environments for children aged 2-5 years.

Our ethos is to ensure a high quality of care and education by focussing on each individual child's ability, interests and we encourage their development throughout the Early Years Foundation stage.

Our key person and buddy system enables our Early Years team to meet the needs of individuals through planning child focussed next steps.

We have a snack bar where all children in turn prepare a variety of healthy balanced foods for themselves and peers twice a day.

Snack times help children to develop independence through preparing, making choices, serving food and refreshments.

We pride ourselves in providing outstanding Parental/Carer partnership and use communication diaries to encourage working together.

Moving on sessions

These sessions are for children in their final year at Pre School. This is a more structured session preparing children for school entry.

Flexible childcare and Early Years funding

We are registered for and offer 15 hours free flexible childcare for the term after a child's 3rd birthday.

Playtots Sessions

These are held at the Village Hall on Tuesday 9.15-10.45. They are for Parents/Carers and children up to 5 years old including babies. We have lots of fun and have a large selection of indoor/outdoor activities including our soft play den and toys especially for the tots. Sessions are held on a pay as you play basis. Drinks and healthy snacks are provided.

For more information please contact either Pre School on the above numbers or feel free to pop in and meet our Managers and Early Years team during session times.

Our session allocation Co-ordinator Sarah is always on hand to support you through the registration process. Email: enquiries@barhillpreschool.co.uk
We look forward to meeting you and your child.

Paper delivery 07814754520

Family Fun

Games

Bible stories



Fun

Songs

Refreshments

Craft activities

Come and join us
Every 2nd Sunday of the month
from 3-4pm at Bar Hill Church

Children up to school Year 2 age,
and siblings welcome.
We would love to see you there!



If you have any queries, please
contact Pete Smethurst (201791),
Or Rossella Knight (203567)

**We are having a break over the Summer! The next
Family Fun is on 9th September**

8 O'CLOCK CLUB

The 8 o'clock club is a women's group and we meet in the school on the 1st Thursday of each month at 8 p.m. Our programme for 2012 is as follows: -

Thurs 5 July - Dr Leo Cheng talking about his experiences working on the Mercy Ships

If you would like to come along to a meeting please feel free to join us for one of the meetings or phone Barbara 204171, Adela 204265 or Ann 204687

Mobile Nail & Beauty Therapist
Contact Amanda 07582 958363

Shopping Service

This service is for Cambridgeshire residents, aged over 60, who are unable to, or may have difficulty in doing their shopping. Many supermarkets now offer online shopping but unless you have a computer you cannot take advantage of this convenient service.

Phone your order to our Shopping Service and we will make all the arrangements, and arrange delivery to your home. There is no commitment to shop every week.

Age UK Cambridgeshire makes no charge for this service but supermarket charges for delivery may vary.

Enquires and orders can be taken from Monday-Friday between 9-12.30 on 01354 696650

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